



elite

POLE DANCE & FITNESS CENTRE FITNESS

timetable

TERM ONE
January 7th – March 3rd

	Monday	Tuesday	Wednesday	Thursday
4.30pm – 5.30pm	Pole Play	Pole Play	Pole Play	Pole Play
5.30pm – 6.30pm	Pole Acro Kaani	Level One Luci	Abs, legs and body burner Naomi	Contemporary pole & dance Naomi
6.30pm – 7.30pm	Level Three Jam	Level Two Luci	Level Five Naomi	Level Six/Seven Naomi/Jamie
7.30pm – 8.30pm	Level Two Jam	Level Three Jamie	Level One Kaani	Level Four Jamie

	Saturday
12.00pm – 1.00pm	Pole Play*
1.00pm – 2.00pm	Pole Play*

*POLE PLAY is \$10 for entire running hours

*Out of hours our studio is available for hire, personal training sessions or private lessons.

SIGN UP FOR ANY COURSE LEVEL AND YOUR SECOND IS HALF PRICE!

Term course levels
Casual Classes

8-week term course - \$170.00

- This is one class per week, for 8 weeks. (e.g. Level Two - Thursday 6.30 - 7.30)

Casual class - \$20.00

5 Casual class pass - \$80.00 (save \$30, valid for the entire 8 week term)

10 Casual class pass - \$150.00 (save \$70, valid for the entire 8 week term)

Unlimited Casual classes per 8 week term - \$170.00 per 8 week term for enrolled students, \$200 for unenrolled students – includes all casual classes.

- Unlimited passes are a separate cost to the 8 week term course fee.

Private lessons - \$20 for 15 minutes, \$35 for 30 minutes, \$60 for one hour.